

Chapter Four: Childhood

“Don’t obsess over competition.

Get out in front early and then run faster!”



The early years of school can be as much fun for parents as the child. Every proud grade, refrigerator art masterpiece, or miniature trophy seems a promise of future greatness, and the mere fact that they can tell the boys from girls gives them the illusion of maturity. That illusion will sometimes make you forget that this is still just the beginning.

What are another 3 small achievements thus far?

How did each one make you feel?

Close your eyes and REMEMBER how each one made you FEEL.

REMEMBER: Success in business is something you should always be proud of and take time to celebrate. Rewarding yourself whenever there is progress is a great habit to get into now. No matter how big or small the achievement, progress is progress and should always be celebrated!

Chapter Four Challenge: Celebrating Success.



We spend a lot of time talking about the challenges and difficulties that go along with starting and owning your own business. Life has taught us that along with the lows, there are also highs and we should take in every second of those highs anytime we have the opportunity!

The mindset of being too down on ourselves in business is one that is all too common. Sure, maybe it doesn't seem like a huge deal to the rest of the world when that supplier finally decides to return your email... 3 months later... but progress is progress and should be treated as such! Never deny yourself the glory of celebrating, even in the small moments, when you make progress with your business.

You are doing something incredible by pursuing your passion day-in and day-out.

You are pushing up against the wall.

You are not accepting 'no' for an answer.

You are pounding pavement to make it happen.

You should take time to celebrate!

It is so important to maintaining a healthy mindset throughout this process.

Your Challenge Celebrate daily for one week! I want you to learn how to celebrate all the small successes you will encounter throughout your business adventure. At the end of every day this week choose one thing to celebrate, write it here, and spend 5-minutes soaking up the glory! During those 5-minutes, you can dance around, smile and acknowledge your success, pat yourself on the back...whatever makes you happy! Just spend it celebrating you!

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

Friday: _____



Don't Forget About your new habit of seeking inspiration daily! It takes 30-days to build a habit so put reminders on your calendar this week also and keep growing forward!

**“Celebrate what
you want to see
more of.”**

-Tom Peters